

# Manhattan PLANT DESIGN EXPERTS INC.



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**NEWS CORNER** : by Jaymie Snider Sharabi, Maintenance Supervisor

As a gardener in NY, September is definitely my favorite month. All the plants and trees are at their most beautiful moment, having had the whole season to grow; and now as the days grow shorter, in a bittersweet sort of way, they begin to shut down for the inevitable winter.

The weather is perfect for all the things that need to get done before winter closes us all indoors. For those of us lucky enough to have a piece of earth or a terrace, or even a windowsill, it's the time to take cuttings from your favorite plants, Root them in fresh potting soil; then bring them in well before the first frost, which can be as soon as October 15. I love to do this with the many varieties of coleus around. If you have a sunny spot in your home, you can put up some geraniums or begonias that will grow thru the winter. Also this time of year, because the air is cool and the ground remains warm, is the best time to plant, and all the nurseries have big sales. Divide your perennials that have grown too big for their space. Give half to a good friend or neighbor. Buy spring bulbs now for the best selection, but don't plant them yet because it's too early. Just keep them in a cool place.

Our crew, are some of the best indoor gardeners who visit your office every week to make your plants enhance your environment.

## Detoxifying Your Office

There are six low maintenance plants that are exceptional in helping remove the toxins and pollutants that seem to accumulate in your office. These plants can bring about both a pleasant feeling and a naturally decorative look to your office space. They have also been proven to help reduce stress and also to improve your mental well-being.

### Snake Plant

This plant will remove toxins in rooms where no other plants will grow because of it's hardy, almost indestructible nature. They survive in areas with no windows.

### Gerbera Daisy

Gerbera is superior in removing carcinogens like benzene. It will thrive in the shade, and prefers moisture and well-drained soil.

### Christmas Cactus

The Christmas Cactus is perfect for your bedroom, living room, or other rooms that get used frequently at night. The reason is that this plant gives off oxygen at night while many of the more common plants produce oxygen mainly during the day.

### Rubber Plant

This is the best houseplant at removing indoor chemicals, such as formaldehyde, benzene and ammonia, which can be found in particleboard, furniture and upholstery. The rubber plant is also a great humidifier.

### Mauna Loa

These fragrant flowers can be found in many public places. They are borne enclosed in a large, oval, white spathe. They prefer well-drained soil, and moisture.

### Spider Plant

This spider plant makes the top five list of house plants that are excellent at removing formaldehyde from indoor air.

### PLANT OF THE MONTH

#### Tarzan

*Dracaena Tarzan* grows like a *marginata*. It is durable with excellent resilience and resistant to pests.



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